Technology is more than just tools or devices. They reflect our values, our needs and our desires. They do not control us, but on the contrary, expand our control over ourselves and the world around us.

Firstly, technologies do not control us, because we create and develop them ourselves. We regulate and control technology through laws, regulations and ethics, and are responsible for technology and its consequences.

Secondly, technology does not control us, because we can choose and change technologies. We are not tied to one technology or one way of using it. We can abandon technologies or replace them with others if we believe that they do not suit us or do not like them.

Third, technology does not control us, because we can use technology to strengthen our control. Technology gives us more information, more knowledge, more opportunities. Technology supports us in our efforts to achieve the personal and public good.

So, can we say that we control technology or do they control us? I think we can say that we control the technology. But this does not mean that we can be carefree or irresponsible about technology. On the contrary, it means that we need to be more conscious and more active in our attitude to technology. We must constantly study and analyze technologies and their impact on us and on the world.

In conclusion, I want to say that technology is not a force that controls us, but a means that we control. But it all depends on us - on how we create, choose and use technologies. If we do this wisely and responsibly, we will be able to get the maximum benefit and minimal harm from technology.